Save time and money. Know where to go for care.

When you need care, call your primary care provider (PCP) first. If your PCP isn't available, it's important to know you have other options.

Care options For needs or symptoms, such as: Copay¹ 24/7 Advice Nurse Choosing where to get medical care Care advice from a registered nurse No cost Minor illnesses or injuries Call 1-800-288-2264, TTY 711. Cold Pinkeye 24/7 Virtual Visits Flu Sinus problems No cost² Online doctor visits Fever Routine and sports physicals Minor illnesses/injuries **Convenient Care** Skin rash \$\$ Treatment that's nearby ■ Flu shot Earache Ear infections Colds and other respiratory problems 24/7 Urgent Care³ including coughs and congestion \$\$\$ Care for non life-threatening but Sprains and strains Most abdominal pain urgent needs Vomiting and diarrhea Most cuts, burns, fevers and back pain Migraine headaches Dehydration, IV Cuts that need placements and **Urgent Care House Call⁴** stitches and IV fluids \$\$\$ Home urgent care visit when you skin infections Asthma attacks. aren't feeling well enough to travel Urinary tract infections COPD and respiratory Flu and pneumonia infections Serious burns Heavy bleeding 24/7 Emergency Care⁵ Major trauma Severe chest pain Treatment of the sudden onset of Poisoning Sudden paralysis Serious breathing life-threatening needs \$\$\$\$ difficulties Your health plan is not contracted with certain freestanding ERs. Ask before you enter.

If you have a life-threatening situation, call 911 or go to the nearest hospital emergency room. But if it's not an emergency, comparing care options could help you save time, money and frustration.



¹Actual payments may vary depending upon benefit coverage. The information and estimates provided are for general informational and illustrative purposes only and are not intended to be nor should be construed as medical advice or a substitute for your doctor's care. You should consult with an appropriate health care professional to determine what may be right for you.



²Calendar year deductibles and/or coinsurance may apply on some plans.

³Hours of operation may vary by location.

⁴This service is only available to health plan members living in Southern Nevada and covered ZIP codes. To check availability, go to **DispatchHealth.com**.

⁵IMPORTANT: 1) Your health plan is not contracted with certain freestanding and hospital emergency rooms. Call your health plan for more information. 2) Some neighborhood hospitals may not have specialists on staff, so you could be transported to a hospital emergency room for complex conditions that require a specialist.

NowClinic® virtual visits are not intended to address emergency or life-threatening medical conditions. Please call 911 or go to the emergency room under those circumstances. NowClinic services may be covered by some health plans; copays and deductibles may apply. Members under the age of 18 must have a guardian contact NowClinic customer support for assistance in enrolling for their account. Customer support can be reached at 1-877-550-1515.

Health plan coverage provided by Health Plan of Nevada.

We do not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the toll-free phone number listed on your health plan ID card or plan documents.

Español (Spanish)

Tiene derecho a recibir ayuda e información en su idioma sin costo. Para solicitar un intérprete, llame al número de teléfono gratuito para miembros que se encuentra en su tarjeta de identificación del plan o los documentos de su plan.

Tagalog (Tagalog)

May karapatan kang makakuha ng tulong at impormasyon sa sinasalita mong wika nang libre. Upang humiling ng interpreter, tawagan ang toll-free na numero ng telepono para sa miyembro na nakalista sa iyong ID card sa planong pangkalusugan o sa mga dokumento ng plano.

Health Plan of Nevada is Taking On Healthy™









HealthPlanofNevada.com 1-800-777-1840